

AWE Judo Club: General Policies

1 The AWE Judo Club Officers

The Officers of AWE Judo Club are identified in Table 1: AWE Judo Club Officers

Table 1: AWE Judo Club Officers

Office	Officer
Chair	Rod Drake
Deputy Chair	Tony Robinson
Secretary	Val Kelly
Treasurer	Lynn Stringer
Treasurer Account Third Signature	Paul Hamilton & Rod Drake Tony Robinson
Club Welfare Officer	Rene Tonon Wendy Trew
AWE appointed Coach's	Refer to Table 2
Club Web Site / Nest Admin	Paul Hamilton & Tony Robinson

2 Affiliation

AWE Judo Club is a member club of the British Judo Association (BJA) and, as such, is subject to the rules and regulations of the British Judo Association.

AWE Judo Club is also affiliated with the Basingstoke and Deane Voluntary Sports Council.

3 AWE Judo Club

3.1 Policies.

AWE Judo Club is affiliated to the BJA and, as such, complies with all BJA policies. The BJA policies can be found on the BJA web site at:

<http://britishjudo.org.uk>

This document describes how the AWE Judo Club implement these policies.

3.2 Constitution

The Constitution of the AWE Judo Club can be found on the AWE Judo Club web site, or by request from the club secretary.

3.3 Non Discrimination Policy & Practice

The Club and the Committee maintains a strict policy of non-discrimination in accordance with the BJA.

3.4 Communication

AWE Judo Club provides news and information to its members by:

- The club website www.awejudoclub.org.uk
- Facebook
- SMS, Email, Nest Communication Module
- Verbal messages given at the beginning/end of training sessions

4 Joining AWE Judo Club

AWE Judo Club welcomes new and experienced players. To find out more about AWE Judo Club, e.g. what to wear in the case of new players or training times, please go to the Club Website -

- Club web site at www.awejudoclub.org.uk

You can also email us at info@awejudoclub.org.uk

Contact telephone numbers are also displayed on the Club Website

5 Participating in Judo

5.1 Judo at AWE

Judo is an Olympic sport, and it is practised in almost every country of the world. At AWE the main focus is the development of the member to perform Judo techniques for their grading and prepare them for competitions as required.

AWE Judo Club recognises, that for whatever reason, some people may not be able to practice Judo. However, there are opportunities to become, or continue to be, involved with the sport. These include becoming a:

- Member of the Committee
- BJA Referee
- BJA (Competition) Official

5.2 Membership of the British Judo Association

The British Judo Association requires that anyone who practises in a British Judo Association club must be a member of the BJA. Membership must be applied for no later than 4 weeks after joining the club. The British Judo Association charges an annual subscription and it is the responsibility of the member or their guardian to ensure that they have a current BJA licence. On your application, please add in the appropriate fields, the Club BJA reference number (223) Hampshire, Southern Area.

Application and renewal are all online and should be accessed via the internet.-

<http://www.britishjudo.org> .

6 Club Training Sessions

6.1 Training Times

AWE Judo Club runs separate training sessions for Junior and Senior players. The training times are identified in Table 2: AWE Judo Club Training Sessions.

Table 2: AWE Judo Club Training Sessions

Please refer to the Club Website for any updated or additional training sessions
www.awejudoclub.org.uk

	Time		Appointed AWE Coaches
5 to 10 year-olds Youths & Seniors	Monday	18.30 to 19.30	Paul Hamilton Steve Dyer Mike Stephens Peter Powell Tony Robinson Val Kelly Rod Drake (Visiting Coaches accepted by the coach leading the session)
		19.30 to 20.40	
5- to 10-year-olds Youths & Seniors	Wednesday	19.00 to 20.15	Ditto
		20.15 to 21.15	

6.2 Running of the Training Sessions

As required by the British Judo Association Rules all AWE Judo Club Sessions are run by BJA Qualified Coaches.

For every training session a record of attendance is maintained for both players and coaches.

6.3 Fit To Train

It is the responsibility of the parent or guardian to make the coach aware if the player is fit to attend the training session. In the event of an injury on the mat during training it's the Coach running the session shall decide if a player is fit to continue. Consequently, the Coach running the training session shall be made aware of:

- Any existing, or recently identified, medical conditions prior to the start of the training session.
- Any restrictions relating to medical treatment which may be given in the event of illness or injury. This includes details of allergies.
- Ongoing medical conditions should be included on the contact record and will be kept and remain confidential.
- Any injury that occurs during the training session.

If a player has a medical condition or injury the Coach may allow the player to participate in a training session but may place restrictions on the extent of the involvement. (This may apply if a player is recovering from an illness or an injury).

In the event of a Club member being injured or taken ill during any Club event the Coach will take the following steps:

- Provide treatment if appropriate.
- Call an ambulance immediately if the injury or illness is serious.
- Access the Club Contact List and notify the emergency contact for the injured or ill person.

The Coach shall remain responsible for the safety of the injured or ill member until the responsibility is taken over by a qualified medical person or the member's parent, guardian or nominated person. The Coach will also remain responsible for the safety of all the other Club members attending the training session.

6.4 Injury or Illness

All injuries, however small, shall be logged on the MyMa system under the individuals profile.

6.5 Contact List

The Club keeps a contact list of telephone numbers of current members (and their next of kin/emergency contact numbers) of the Club and, in the case of junior members, the telephone numbers of their parents/guardians. These are available to Authorised Club Officers as per table one. No one else will have access to the information which is kept on secure servers at MyMa which is a NEST company authorised and regulated by the FCA

The maintenance of this list is governed by the following conditions:

- Under GDPR controls, members can refuse to allow their name to be included on the list. All data held will be current and deleted appropriately when not required.
- It may be held on a computer.
- It shall remain confidential and shall not be divulged to any other person or organisation without permission.
- Notwithstanding the above, it shall be made available to the AWE Judo Club Coaches at all times.

6.6 Grading and Competitions

The Club actively supports both junior and senior members gaining higher grades. To this end:

- The training sessions are structured to enable the players attaining the required skills and techniques to be promoted according to the BJA syllabus.
- Depending on the player's current grade, the AWE Club Coaches will grade player's at the Club to aid their progression to a higher grade. Above a certain level the Club Coaches are unable to promote the players within the Club sessions (i.e. Dan grades). For such players the Club Coaches will identify appropriate grading times and locations.

The Club also supports players attending competitions and will identify suitable competitions for the Club members and prepare them appropriately.

7 Training Sessions Involving Children

7.1 Junior Judo

Any child, 5 years of age, or older, but less than 18 years of age is considered a “Child” and can attend the Junior session and, if invited by a Coach, attend the Youth & Seniors training session.

7.2 Adult Supervision

It is the policy of the Club that the Coach will always endeavour to run a junior classes with another adult being present.

It is the policy of BJA and AWE Judo Club that anyone who holds a position within the Club (including Committee Members) must hold a current DBS certificate.

7.3 British Judo Association Child Protection Policy and Procedures (from 2022 to 2025 Strategy)

AWE Judo Club has adopted, and works in accordance with, the BJA Child Protection Policy and Procedures (<https://www.britishjudo.org.uk/wp-content/uploads/2023/05/SafeLandings-March-2022.pdf>). Further information can be found on the BJA web site at:

<https://www.britishjudo.org.uk/the-british-judo-association/safeguarding-new/safelandings/>

7.4 AWE Judo Club Child Abuse Procedures

In the event of a club member, Coach or anyone associated with the Club suspecting that a member of the Club is the subject of child abuse then that person shall:

- Report the matter immediately to the Club Welfare Officer, or a Committee Member not associated with the issue if there is no Club Welfare Officer available.
- Under no circumstances, undertake any form of investigation.
- In the case of the Club Welfare Officer not being available, a Committee Member will consult with the British Judo Safeguarding Team – 0121 728 6920 or keith.eldridge@britishjudo.org.uk.

The Club Chairperson, or Club Welfare Officer if the Chairperson is not available, shall at the earliest opportunity call a special meeting. The meeting shall comprise the Club Chair or Child Welfare Officer or their deputy, the reporter of the suspected child abuse and at least two Club Committee Members. If it is agreed by the majority that there is a well-founded suspicion of a probable case of child abuse, the Club Chairperson/Welfare Officer shall in confidence, by formal letter, inform both the BJA and the AWE Recreational Society Secretary.

The Club shall abide with all subsequent directives that relate to the case from the AWE Recreational Society Management and the BJA.

The AWE Club Committee Members will be informed in confidence that a suspected, but not substantiated, case of child abuse has been reported. The identity of any person directly or indirectly related to the case shall not be disclosed to club members, parents, guardians etc. Club Committee Members may be informed of the identity of the person under investigation if appropriate.

It should be emphasised that in the case of suspected child abuse under no circumstances shall a member of the club:

- contact or question any child, parent or guardian associated with the suspected abuse.
- discuss the matter with anyone outside the AWE Judo Club Committee, the BJA or Recreational Society Secretary.
- deviate from the instruction in this policy.

7.5 Drop-Off and Pick-Up

Parents/Guardians/adults responsible for transporting junior members shall accompany those members to and from the Dojo. Coaches will not let Junior members leave the Dojo unless they are accompanied by a nominated adult. Junior members should be collected from the Dojo and not from the car park.

AWE Judo Club cannot be held responsible for anything which may occur to any junior player (who practises at the Club) outside the AWE Dojo.

7.6 Leaving the Dojo

Any junior practising at the Club is not allowed to leave the Dojo during a training session without the permission of the Coach running the session.

8 Code of Conduct

8.1 Aim

The AWE Judo Club is committed to the welfare and protection of all the members of AWE Judo Club so that they can enjoy Judo in safety to the best of their abilities without fear, threat or abuse.

The Club recognises that it has a responsibility to:

- Safeguard and promote the interests and well being of all the members of the Club.
- Take all reasonable/practical steps to protect members from harm, discrimination, or degrading treatment and respect their rights, wishes and feelings.

In sections 8.2 to 8.7 the different types of abuse are described. It is the policy of AWE Judo Club that such abuse will not be tolerated.

8.2 Applicability

The Code of Conduct applies to everyone associated with AWE Judo Club:

- Members of the Committee
- Coaches (including visiting Coaches)
- Members of AWE Judo Club including players, referees, volunteers etc.,
- Visiting players
- Anyone who brings or collects players (members of the Club and visitors). This category includes parents, guardians etc.

8.3 Physical Abuse

This can happen when individuals, deliberately physically hurt or injure other players, or knowingly do not prevent such injuries occurring.

Such injuries can be caused by hitting, shaking, squeezing, burning, biting or using excessive force.

It can also occur when members are given alcohol, inappropriate drugs, or there is a failure to supervise their access to these substances.

In a judo situation physical abuse may also occur due to:

- Overly hard randori without mutual consent and technical justification.
- Demonstrating techniques with too much force or repeatedly, where the intention is to hurt or intimidate the Uki (the person being thrown).
- Over training and inappropriate training which disregards the capacity of the player's body. This also applies to over competing.
- Forcing (or "suggesting that") a player loses weight to make a lower weight category, e.g. the use of sauna suits and bin bags to de-hydrate in order to lose weight.
- Inappropriate levels of physical exercises as a punishment – British Judo believes that making a child carry out exercise, as a punishment may not only constitute physical abuse in some circumstances but sends mixed messages. We want children and young people to train and exercise to have fun and stay healthy.

8.4 Sexual Abuse

Sexual abuse can take many forms and may include encouraging or forcing a person to take part in sexual activity. In a judo situation sexual abuse may occur when:

- A person uses the context of a training session to touch another person in an inappropriate sexual way.
- Coaches or other people in a position of authority coerce players into a sexual relationship.
- Coaches or other people in a position of authority imply better progression of the player in return for sexual favours.
- Children and young people being required to weigh-in naked or in underwear.

8.5 Emotional Abuse

This occurs when individuals persistently fail to show other members due care with regard to their emotional welfare, when a member or person may be constantly shouted at, threatened or taunted, or be subject to sarcasm and unrealistic pressures.

There may also be over-protection, preventing the child participating in normal social interaction; or bullying to perform to high expectations. The person treated in such ways may lose self-confidence and may become withdrawn and nervous.

In a judo situation, emotional abuse may occur when Coaches, volunteers or parents:

- Provide repeated negative feedback in public or private.
- Repeatedly ignore a player's effort to progress.
- Repeatedly demand performance levels above the player's capability.
- Over-emphasise the winning ethic.
- Making a player feel worthless, unvalued, or valued only insofar as they achieve the expectations of their Coach/parents/others.

8.6 Neglect

In a judo situation neglect may occur when:

- Players are left alone without proper supervision.
- A player is exposed to unnecessary heat or cold. This would include the use of sauna suits and bin bags to dehydrate in an effort to lose weight.
- A player is not provided with necessary fluids for re-hydration.
- A player is exposed to an unacceptable risk of injury.
- Exposing players to unhygienic conditions.
- There is a lack of medical care.
- Non-intervention in incidents of bullying or taunting.
- Forcing or coercing a child to train or compete when injured.
- Withholding food or other inappropriate weight management methods.

8.7 Bullying

AWE Judo Club believes that bullying is also a form of physical and/or emotional abuse and will not be afraid to call such behaviour abuse. Examples of many types of bullying include:

- Physical: hitting, kicking or any kind of violence, as well as theft of personal property.
- Verbal: name-calling, constant teasing, sarcasm, taunts, threats and gestures.
- Emotional: tormenting, mobile text messaging, ridiculing, humiliating and ignoring
- Sexual: unwanted physical contact or sexually abusive comments, use of camera phones to record images of players in changing rooms.
- Racist: racial taunts, graffiti, gestures.
- Homophobic: because of, or focussing on, the issue of sexuality.

In a judo situation bullying may occur when:

- Players are pushed by a parent/Coach beyond their ability.
- A coach adopts a win-at-all-costs philosophy.
- A player intimidates others.
- An official places unfair pressure on a person.

Coaches hold a position of power in a club and must not abuse this position to bully vulnerable players. In a judo situation bullying may occur when the coach is:

- Overly zealous.
- Resorts to aggressive, physical or verbal behaviour.
- Torments, humiliates or ignores an athlete in their charge/care.

9 Duty of Care

All AWE Judo Club Members have a “duty of care”. The “duty of care” requirements are detailed in:

- Section 003: Code of Conduct
- Appendix A: Dojo Rules

In addition, before the start of all sessions the Coaches in charge shall ensure:

- They know the current fire escape routes and the fire evacuation assembly point.
- The Emergency doors are functional.
- Has a phone to use in an emergency or has access to an operational phone.
- The Dojo is in a condition in which Judo can be performed safely.
- The mats have been laid with safety requirements in mind.

The Club operates with a policy of:

- No more than 16 players per coach.
- No more than 1 player for every 2 m² of mat.

*****AWE Judo Club: General Policies adopted 1st December 2011*****
Revised in accordance with BJA safeguarding policies April 2023

R C Drake, Chair AWE Judo Club; 12th April 2023

Val Kelly, Secretary AWE Judo Club 12th April 2023